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Wis. Olympians coming to Washburn

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Wisconsin Olympians Casey FitzRandolph and Suzy Favor Hamilton see eating right and regular physical activity as important to students' well-being as mastering the three R's.

That is why FitzRandolph and Favor Hamilton will join students and staff of the Washburn School District to stress the importance of a healthy eating and fitness program for Wisconsin public schools called "Movin' and Munchin'".

The program, administered through the Department of Public Instruction and sponsored by the WEA Trust (a not-for-profit group health insurer that insures many Wisconsin public school employees), encourages kids, their families, and public school employees to eat healthy and have regular physical activity through the program offered in their local schools. Schools that participate in the Movin' and Munchin' program may receive up to \$1,000 in awards. FitzRandolph, a three-time Olympian,



Wisconsin Olympians Casey FitzRandolph and Suzy Favor Hamilton see eating right and regular physical activity as important to students' well-being. The pair will appear March 17 at the Washburn Middle School. Submitted Photo

and 2002 gold medalist in 500-meter speed skating, and Favor Hamilton, a three-time Olympian and holder of seven U.S. championships and nine NCAA titles in running, serve as honorary chairpersons of the Movin' and Munchin' program.

An estimated crowd of over 344 kids (prekindergarten through eighth grade), public school employees, the public,

and the media are expected to attend.

The Washburn School District was chosen as the site of the event because of their enthusiasm and commitment to nutrition and exercise programs for their students, staff, and community alike.

The event takes place at 8:30 a.m. on Wednesday, March 17, at the Washburn Middle School.

The event will include speeches from Casey FitzRandolph; Suzy Favor Hamilton; Sue Masterson, principal, of Washburn Middle and Elementary schools; and Fred Evert, executive director of the WEA Trust, plus there will be highlight films shown from both Olympians.

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